

# <sup>DoD</sup> Safe Helpline: How it Works

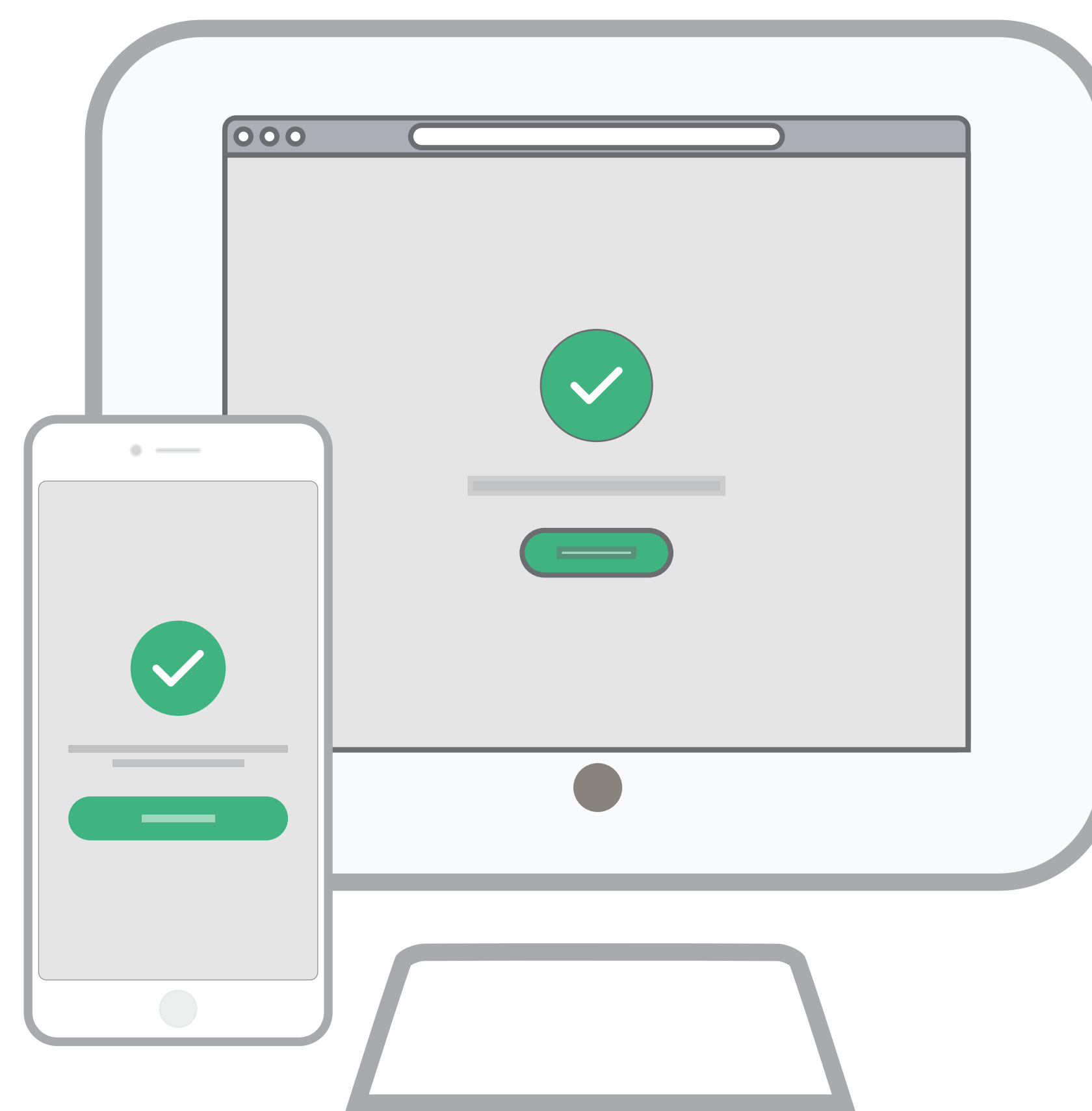
**All Safe Helpline services are:** anonymous, confidential, and tailored to support members of the DoD community and their loved ones affected by sexual assault.

## CALL



877-995-5247

## CHAT



Online.SafeHelpline.org

## DISCUSS



SafeHelpRoom.org

**You will always be connected to a live, specially trained professional.**

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One of the most profound gifts we can give survivors who come to Safe Helpline is simply listening to them. No one should have to go through healing from a sexual assault alone.

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—Sami, Safe Helpline staff member for over three years

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Compassion and support are at the heart of DoD Safe Helpline staff. It is what they provide to each visitor, and why we enjoy being a part of Safe Helpline.

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—Sydney, Safe Helpline staff member for over ten years

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When a survivor is connected with one of our staffers, they should know that this is a safe place, free from judgment or shame. We can help survivors find the support they need and deserve.

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—Jason, Safe Helpline staff member for over three years