

Online Helpline

Need to Talk?

Safe Helpline serves members of the Department of Defense community affected by sexual assault including survivors, their friends and family, and allied stakeholders.

- ✓ Chat with a trained Safe Helpline staff member 24/7 through an anonymous, secure, online chat portal at **SafeHelpline.org/live-chat** for one-on-one crisis intervention and support.
- ✓ Get information about military policies such as reporting options (restricted and unrestricted), safety plan with staff members, and receive emotional support .
- ✓ Get information about how to support a survivor.
- ✓ Receive referrals to both military and civilian resources in your area including SARC/SAPR VAs, chaplains, legal, medical/behavioral health care, military police, and civilian sexual assault service providers (SASPs).

Safety and Security

Safe Helpline staff never ask visitors for personally identifying information (PII) and will politely discourage visitors from sharing information in order to protect their privacy.

Safe Helpline never collects or stores chat transcripts.

Executive Order 13696 keeps communication between visitors and Safe Helpline staff for the purpose of receiving advice, support, or assistance as privileged information in cases arising under the Uniform Code of Military Justice.

For More Information, visit SafeHelpline.org/HowItWorks

Who Will Visitors Talk With?

Safe Helpline staff are trained to meet the unique needs of survivors within the DoD community.

While they come from a variety of backgrounds, each staff member has a passion for helping others and is carefully vetted and trained to ensure they are providing quality support to Safe Helpline visitors.

"Safe Helpline staff get it. They know how to listen, how to make space, and how to connect to other resources when the survivor is ready."

-Liz Blanc, Senior Victim Assistance Advisor, DoD SAPRO

877-995-5247 | SafeHelpline.org

Safe Helpline is available 24/7, worldwide and is operated by RAINN, the nation's largest anti-sexual violence organization, through a contract with the DoD Sexual Assault Prevention and Response Office (DoD SAPRO). RAINN will not share your name or any other personally identifying information with DoD or your chain of command.